

RECORDS

12yrs Age	400m	A. Perfrement	1.13.32	2013
13yrs Age	400m	B. Arentz	1.06.94	2014
14yrs Age	400m	C. Kostas	1.02.00	2010
15yrs Age	400m	B. Arentz	1.04.55	2016
16yrs Age	400m	C. Kostas	1.03.37	2012
17yrs Age	400m	C. Kostas	1.01.45	2013
18yrs Age	400m	C. Kostas	1.02.60	2014
12yrs Age	200m	L. De Souza	30.72	2017
13yrs Age	200m	N. Sharma	28.91	2013
14yrs Age	200m	T. Clark	26.78	2010
15yrs Age	200m	T. Clark	26.75	2011
16yrs Age	200m	T. Clark	27.84	2012
17yrs Age	200m	C. Kostas	28.39	2013
18yrs Age	200m	A. Sheahan	28.12	2012
12yrs Age	100m	T. Clark	13.75	2008
13yrs Age	100m	J. Turnbull	12.90	1979
14yrs Age	100m	S. Foreman	13.11	1988
15yrs Age	100m	T. Clark	12.81	2011
16yrs Age	100m	M. Kimmorley	12.17	1985
17yrs Age	100m	T. Clark	13.19	2013
18yrs Age	100m	O. Wills	13.38	2017
Multi-disability	100m	N. Harris	15.88	2008
Junior	800m	C. Kostas	2.28.88	2010
Intermediate	800m	C. Kostas	2.31.09	2012
Senior	800m	C. Kostas	2.22.90	2013
Junior	1500m	B. Arentz	5.16.68	2016
Intermediate	1500m	C. Kostas	5.24.59	2012
Senior	1500m	M. Arnold	5.16.01	1988
12yrs Age	1500m			
13yrs Age	1500m	B. Arrentz	5.07.54	2014
14yrs Age	1500m	J. Phelps	5.29.64	2017
15yrs Age	1500m	B. Arrentz	5.16.68	2016
16yrs Age	1500m	C. Kostas	5.24.59	2012
17yrs Age	1500m	A. Arnold	5.16.01	1988
18yrs Age	1500m	A. Arnold	5.16.01	1988
Year Relay	4 x 100m	Year 10	56.50	2017
Open House Relay	4 x 100m	Richmond House	55.43	2011
Junior 12/13/14	High Jump	K. Liprini	1.54m	1986
Intermediate 15/16	High Jump	D. Gardner	1.65m	1989
Senior17/18	High Jump	F. Akindoyeni	1.48m	1983/4
Junior	Long Jump	T. Clark	4.86m	2009
Intermediate	Long Jump	T. Clark	5.40m	2011
Senior	Long Jump	K. Liprini	5.11m	1989
AWD	Long Jump	H. Sandeman	2.75m	2004
Junior	Discus	A. Roams	28.00m	1994
Intermediate	Discus	A. Roams	31.03m	1996
Senior	Discus	O.Hay	29.40m	1989
Junior	Javelin	T. Clark	23.72	2010
Intermediate	Javelin	T. Clark	32.90	2012
Senior	Javelin	F. Akindoyeni	31.42m	1984
Junior	Shot Put	T. Ilkin	10.27m	2000
Intermediate	Shot Put	T. Ilkin	10.25m	2001
Senior	Shot Put	F. Akindoyeni	9.57m	1983
AWD	Shot Put	M. Rudzats	3.85m	2004



Danebank
An Anglican School for Girls

ATHLETICS CARNIVAL

Sylvania Waters Athletics track – Sylvania Waters
225R Belgrave Esplanade, Sylvania Waters

<http://www.sutherlandshire.nsw.gov.au/Outdoors/Sport/Athletics-Tracks/Sylvania-Waters-Athletics-Track>

Tuesday May 8, 2018

SPORTS CAPTAIN: Rafayla Wagner

	BALL	COWELL	GRAY	RICHMOND
Patrons	Mark Gregory Cameron Paff	Simone Lees Ezra James	Kate Hoare Aneeta Hantes	Lisa Peric Bianca Jervis

All events over 100m will be decided on times

ROLL CALL 8.30am

1.	1500M	1500M 8.15am Sharp	Final
2.	12yrs Age	400m	Final
3.	13yrs Age	400m	Final
4.	14yrs Age	400m	Final
5.	15yrs Age	400m	Final
6.	16yrs Age	400m	Final
7.	17yrs Age	400m	Final
8.	18yrs plus	400m	Final
9.	12yrs Age	200m	Final
10.	13yrs Age	200m	Final
11.	14yrs Age	200m	Final
12.	15yrs Age	200m	Final
13.	16yrs Age	200m	Final
14.	17yrs Age	200m	Final
15.	18yrs plus	200m	Final
16.	12yrs Age	100m	Heat
17.	13yrs Age	100m	Heat
18.	14yrs Age	100m	Heat
19.	15yrs Age	100m	Heat
20.	16yrs Age	100m	Heat
21.	17yrs Age	100m	Heat
22.	18yrs plus	100m	Heat
23.	AWD	100m	Final
24.	12yrs Age	800m	Final
25.	13yrs Age	800m	Final
26.	14yrs Age	800m	Final
27.	15yrs Age	800m	Final
28.	16yrs Age	800m	Final
29.	17yrs Age	800m	Final
30.	18yrs Age	800m	Final
31.	12yrs Age	100m	Final
32.	13yrs Age	100m	Final
33.	14yrs Age	100m	Final
34.	15yrs Age	100m	Final
35.	16yrs Age	100m	Final
36.	17yrs Age	100m	Final
37.	18yrs plus	100m	Final
38.	Open House Relay	4 x 100m	Final
39.	Year Relay	4 x 100m	Final

Field Event Timetable – These event orders are estimates only. Please LISTEN FOR ANNOUNCEMENTS

12 years	Long Jump
12 years	Shot Put
12 years	Discus
12 years	Javelin

13 years	Javelin
13 years	Long Jump
13 years	Shot Put
13 years	Discus

14 years	Javelin
14 years	Long Jump
14 years	Shot Put
14 years	Discus

15 years	Discus
15 years	Javelin
15 years	Long Jump
15 years	Shot Put

16/17/18 years	Shot Put
16/17/18 years	Discus
16/17/18 years	Javelin
16/17/18 years	Long Jump

High Jump – All ages Completed prior to the Carnival.

N.B. It is important for all students to listen to the announcements

- Presentation if time permits
- Staff to assist with clean up
- It is important to get your name marked off at the beginning and end of the day with your Year Co-ordinator. You will receive your sticker and barcode at the beginning of the day. It is to be placed on your left shoulder.

RULES

1. Age is taken at 31st December, 2018
2. Junior – 14yrs & under (used for some IGSSA events only)
Intermediate – 15 & 16yrs (used for some IGSSA events only)
Senior – 17yrs & over (used for some IGSSA events only)

- All girls must be scanned in Marshalling area for track and field events

IGSSA Athletics Carnival – Thursday 23 August 2018